

Trinity Lutheran School - Health Requirements 2025-2026

(Subject to change per State of Illinois Requirements)

ALL NEW STUDENTS**:

- Birth Certificate
- Vaccination/Booster Records – Must be up-to-date
- Physical Exam from the previous school
- Eye Exam (K-8)

**Students who were previously enrolled out-of-state will need exams from Illinois. We are unable to use reports from out-of-state. Vaccinations do not need to be repeated.

Kindergarten:

- Physical exam
 - Include a lead screening that indicates if a blood test is required
- All immunizations and boosters must be up-to-date.
- Dental Exam
- Eye Examination

2nd Grades:

- Dental Exam

6th Graders:

- Physical exam
- All immunizations must be up-to-date
- Dental Exam

Below is detailed information regarding each requirement listed above. Immunization/Booster requirements are established by the State of Illinois and available from your physician. Exams must be completed by a physician specializing in that field.

Physical Exams:

- Must be dated after **August 15, 2024**
- Include a diabetic screening
- Must have the top portion filled out by the parent
- Must be on the State of Illinois Certificate of Health form
- All immunizations/boosters must be up-to-date
- Must be turned in to the school by **the first day of school** or your student will be excluded from school until the requirements are fulfilled
- Physician may mark form for acceptance as a sport physical

Dental Exams:

- Must be performed by a licensed dentist, and he/she must sign the proof of school dental examination form.
- Must be dated **November 16, 2024 - May 15th, 2026**

Eye Examinations:

- Must be performed by a physician licensed to practice medicine in all its branches or a licensed optometrist
- He/she shall complete the Eye examination report form as designated by the Illinois Department of Public Health and the Illinois State Board of Education
- Must be dated **October 16, 2024 - October 15, 2025**

Sport Physicals:

All participants in a sport related extra-curricular activity are required to pass an annual health physical prior to participating in extra-curricular sports and provide the necessary documentation to the school office.

- Sport physicals must be administered by a licensed physician.
- Must be turned in prior to participation in any athletic activity including practice
- Sport physical may not take the place of an annual physical exam (required at 6th grade); however, an annual physical is acceptable if interscholastic sports option is marked.

If you would like to know more about State of Illinois health requirements, visit: www.ISBE.net or call the school office. Dental forms, State of Illinois Certificate of Health forms, Eye Exam forms, Sport Physical forms will be available in your physician's office and online at www.ISBE.net.